



OUR FUEL FOR LEARNING - SUMMER MENU

We do not add salt into any of our dishes, however sometimes there may be salt already in ingredients such as cheese, stock cubes & tomato puree.

We do not add any refined sugar to any of our deserts and when it's needed for taste, we use natural fruits to sweeten them!

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Vegan Lentil Shepard's Pie with Sweetcorn & Peas Organic Little Yeo Yoghurts	Beetroot Korma, Chicken Curry with Rice w/ Mixed Vegetables & Steamed Broccoli Blueberry Crumble w/ Milk Custard	Homemade Salmon Fishcakes, Jacket Potato, Home-made Beans & Peas Sliced Banana & Greek Yoghurt	Home-made Meatballs w/ Spaghetti & Tomato Sauce, Steamed Broccoli & Carrots Fresh Fruit Grazing Board (Watermelon and Mango)	Tune Pasta Bake w/ Sweetcorn & Steamed Carrots Fruity Salad w/ Greek yoghurt
Week 2	Cheese & Broccoli Quiche, New Potatoes & Salad Prunes w/ Milk Custard	Sweet Potato & Lamb Shepherd's Pie Steamed Broccoli & Green Beans Fresh Fruit Grazing Board (Mangos, Strawberries & Kiwi's)	Apricot & Bean Chicken Tagine w/ Rice, Steamed Carrots & Sweetcorn Sliced Banana w/ Milk Custard	Beetroot & Chickpea Turkey Burgers, Potato Wedges, Sweetcorn & Homemade Baked Beans Organic Little Yeo Yoghurts	The Ruby Murray Roasted Red Pepper & Sweet Potato Curry w/ Peas & Turmeric Sunshine Rice Baked Pears & Cinnamon w/ Yeo Valley Yoghurt
Week 3	Jacket Potato with Home-made Giant Baked beans, Cottage Cheese and Sweetcorn Milky Vanilla Rice Bowl	Seaside Carbonara with Peas & Steamed Carrots Banana, Blueberry & Oat Muffins w/ Milk Custard	Beef Chilli w/ Rice, Peas & Swede Mash Organic Little Yeo Yoghurts	Slow Roasted Chicken, Rosemary Potatoes, Broccoli & Cauliflower Cheese & Green Beans Slices of Melon	Turkey & Fennel Pasta Bake with Sweetcorn & Steamed Carrots Vegan Coco Bites w/ Milk Custard
Week 4	Cheesy Courgette Frittata with Steamed Broccoli, Baked Potatoes & Home-made Beans Peach Shortcake w/ Milk Custard	Sticky Pineapple & Ginger Chicken Stir Fry & Noodles Organic Little Yeo Yoghurts	Cauliflower & Apricot Lentil Dahl Roast Potatoes, Peas Cucumber & Natural Yoghurt (Veggie) Slices of Melon	Turkey with extra Veggies Lasagne with Broccoli & Steamed Carrots Sliced Bananas w/ Yeo Valley Yoghurt	Nourish Bowl Warm Pasta, Salad & Natural Yoghurt Coconut & Raspberry Oat Bites w/ Milk Custard