

OUTDOOR KIT LIST



“There is no such thing as bad weather, just inappropriate clothing”

For 3 - 4 year olds:

Having the right kit is essential to keeping your child warm, dry and safe. If your child is 3 – 4 years old and will be joining us for longer periods outside, they will need the right kit:

Summer

Your child will need to bring in a labelled sun hat & sun cream factor 30 or above with a 5 star rating for UVA and UVB rays! They will also need to be coolly dressed. We recommend clothing which covers your child’s shoulders and sandals / shoes which are fitted to the fit (not crocs which can slip on the climbing equipment)

Autumn

Your child will need to bring in a warm coat, hat and layers such as jumpers and long sleeve tops and spare socks.

Winter

From November time or when it starts to get much colder, your child will need to come into Nursery wearing:

Base Layer 0:

- A **thermal base layer** under your child’s clothes (a vest & thermal leggings or long johns to wear under trousers).
- **Longer socks** to wear and **thicker socks** in the bag such as over the knee welly socks or thermal socks to wear with their wellington boots
- Marino wool is recommended for base layers and thicker socks

Layer 1

- A thinner **long sleeve top** or turtleneck top to wear over their vest

Layer 2

- A **long-sleeved jumper or fleece jumper!** We recommend fleeces as they are warm and dry really quickly.
- Comfortable joggers / trousers to wear over thermal base layer
- Didrikson sell cosy fleece trousers

Layer 3

- A **zipped fleece jacket** to go over top their jumper (this can be kept in the bag for when it’s needed)
Hoodies can sometimes get a bit bulky under their coats and other layers and the hood can also get wet if it’s raining.

Top layer 4

- A **warm comfortable coat.**
Don’t worry too much if it isn’t waterproof, their rain jackets should fit nicely over the top. It is important that their coat is warm and feels comfortable for your child to move in and wear over their layers.
- A **warm, thick hat** that covers their ears or snood/balaclava or both together if it’s really cold! Didrikson have a fantastic range of waterproof thermal hats and caps.
- A **neck warmer** is preferable to a scarf, as it’s easier for children to put on by themselves and a scarf can dangle and get caught as they play.
- A couple of **normal pairs gloves** which aren’t too thick to move in. Spares in case one gets wet or goes home to be washed – you can buy a multi pack of gloves from H & M at a great price

Rain Layer (all year round)

- Muddy Puddles **rainy day trousers and jacket** (with a 10,000 waterproof rating) is the only brand we recommend for rain wear. They easily to slip over clothes on wet days. (not the bibs or overalls as this can make toileting very tricky)
- **Wellington boots** with a slight heel so the rain strap on the trousers can fit nicely underneath.